

# RESOURCES FOR PARENTS & CAREGIVERS TO DISCUSS COVID-19 WITH KIDS

## PICTURE BOOK

King COVID and  
the Kids who  
Cared  
by  
Nicole Rim

A free,  
downloadable  
picture book by  
Lynn-based  
graphic designer  
Nicole Rim.

Two versions  
include a  
simplified one for  
children ages 4-6,  
and a more  
complex one for  
children ages 7-9.

## TALKING TIPS

Talking With  
Children: Tips for  
Caregivers, Parents,  
and Teachers  
During Infectious  
Disease Outbreaks  
(SAMHSA)

Talking with  
children about  
Coronavirus  
Disease 2019(CDC).

Guía de Ayuda para  
Padres y  
Cuidadores para  
Ayudar a las  
Familias a Enfrentar  
la Enfermedad  
Coronavirus 2019  
(COVID-19).

## VIDEOS

American Sign  
Language video by  
the CDC  
addressing how  
parents can  
support children  
during the COVID-  
19 pandemic

Sesame Street:  
Caring for Each  
Other

Isaac's Story -  
Massachusetts  
Dept. of Mental  
Health

## COLORING BOOKS

Ready Wrigley  
from the Centers  
for Disease  
Control and  
Prevention (CDC).

Ready Wrigley is a  
friendly,  
four-legged friend  
who helps families  
prepare for  
emergencies.

Coloring books,  
checklists and  
posters are  
available.

¡Achú! Libro de  
Actividades

## AUTISM RESOURCES

Sesame Street:  
Coping with  
COVID-19: A "For-  
Now" Normal

A Flu Picture Story  
- from Autism  
Speaks

Don't Share Your  
Germs! A Social  
Story About  
Staying Healthy -  
Autism Society of  
North Carolina